






OCTOBER 2018

Jasper County Pre-K and Headstart School Breakfast and Lunch Menus



BREAKFAST PRICES	LUNCH PRICES
NO COST (STUDENTS)	FULL PRICE : \$1.50
	REDUCED: \$.40
ADULT: \$2.00	ADULT: \$3.25

Featured Georgia Produce: Pumpkins & Pole Beans

Monday	Tuesday	Wednesday	Thursday	Friday
01 Breakfast Chicken Biscuit Lunch Hamburger w/WG Bun Seasoned Baked Beans Tater Tots Fresh Apple	02 Breakfast Pancakes w/Sausage Lunch Chicken Sandwich w/WVG Bun Baked Chips Broccoli Cup w/Dressing Strawberry Shortcake	03 Breakfast Cheesy Grits w/Toast Lunch Meaty Spaghetti Cheese Bake w/ WG Breadstick Corn Green Beans Diced Pears	04 Breakfast Fresh Hot Danish Lunch PBJ Sandwich Cheeze-Its Broccoli Cup Apple Slices	
Featured GA Produce 	09 Breakfast Muffin/Yogurt Lunch Hamburger on WG Bun Green Beans Broccoli w/Dressing Diced Peaches	10 Breakfast Ham & Cheese Croissant Lunch Chicken Pot Pie Glazed Carrots Black Eyed Peas Fresh Fruit	11 Breakfast French Toast Sticks Lunch Fresh Pizza w/WVG Bread- stick Marinara Sauce Corn Fresh Banana	
15 Breakfast Chicken/Waffles Lunch Turkey Wrap Baked Chips Glazed Carrots Fresh Apple	16 Breakfast Breakfast Pizza Lunch Chicken Soft Taco Shredded Lettuce/Diced Tomatoes Mexicali Corn Pineapple Tidbits	17 Breakfast Ham/Egg/Cheese Crois- sant Lunch Boneless Chicken Wings Seasoned Baked Pole Beans Broccoli Cup w/Dressing Diced Pears	18 Breakfast Sausage Biscuit Lunch Beefy Mac w/WVG Roll Black Eyed Peas Tossed Salad Fresh Banana	19 Breakfast Fresh Hot Danish Lunch Ham and Cheese Sandwich Goldfish Broccoli Cup Apple Slices
22 Breakfast Pancakes w/Sausage Lunch Chicken Tenders w/WVG Roll Squash Casserole Sweet Potatoes Sliced Oranges	23 Breakfast Muffin/Yogurt Lunch Nachos Pinto Beans Spanish Rice Strawberries	24 Breakfast Cheesy Grits, Sausage Patty & Toast Lunch Meaty Spaghetti Cheese Bake w/WVG Breadstick Tossed Salad Corn Peach Cobbler	25 Breakfast Chicken Biscuit Lunch Classy Club Sandwich Baked Goldfish Tater Tots Fresh Banana	26 Breakfast Bacon, Cheese Croissant Lunch Chili w/Cornbread Baked Potato Cheesy Broccoli Diced Pears
29 Breakfast Waffles & Sausage Patty Lunch Fresh Pizza Tossed Salad Corn Fresh Apple	30 Breakfast Fresh Hot Danish Lunch Chicken Sandwich Cheesy Broccoli Tater Tots Pumpkin Spice Bar	31 Breakfast French Toast Sticks Lunch Chicken Tetrazzini w/WG Roll Black Eyed Peas Glazed Carrots Blueberry Crisp		Notice to Parents: Jasper County Charter School Nutrition Program offers a variety of produce at every meal. Children must choose a minimum of 1/2 cup of fruit or vegetable for Break- fast & Lunch.

National School Lunch
Week
*October 15-19, 2018



PLEASE RETURN
A COMPLETED
2018-2019 MEAL
APPLICATION
TO YOUR
SCHOOL
NUTRITION
MANAGER

MENUS SUBJECT
TO CHANGE
WITHOUT
NOTICE.

* Variety of Milk
(Breakfast & Lunch),
Cereal, 100% Juice,
Fresh Fruit or
Vegetables are Offered
Daily for Breakfast *

“USDA IS AN
EQUAL
OPPORTUNITY
PROVIDER AND
EMPLOYER”